

***Draw the Line/Respect the Line* Lessons and Objectives**
Grade 6

Lesson 1: Draw the Line/Respect the Line

Objectives:

- Recognize that they have the right to draw the line
- Explain how pressure from others can make it hard to draw the line
- Personalize where they draw the line in several areas of their lives

Lesson 2: Steps for Drawing the Line—Part 1

Objectives:

- Describe Steps for Drawing the Line
- Distinguish between effective and ineffective communication
- Demonstrate Steps for Drawing the Line

Lesson 3: Steps for Drawing the Line—Part 2

Objectives:

- Describe Steps for Drawing the Line
- Demonstrate the first 2 steps for communicating effectively about where to draw the line

Lesson 4: The Roleplay Challenge

Objectives:

- Describe the steps for “changing the subject” and “walking away” and how these can be used
- Demonstrate the use of “changing the subject” when communicating where they draw the line
- Demonstrate using a convincing voice and strong body language when drawing the line
- Demonstrate telling someone their limit, repeating their limit, changing the subject, and walking away if necessary

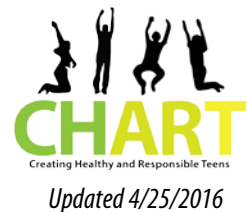
Lesson 5: Friends Respect the Line

Objectives:

- Understand that pressuring behaviors may damage their friendships
- Demonstrate social behaviors for respecting where a friend draws the line
- Feel able to show respect for where a friend draws the line



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***Draw the Line/Respect the Line* Lessons and Objectives**
Grade 7

Lesson 1: Welcome

Objectives:

- Recall what they may already know or have learned about drawing and respecting the line
- Understand that sexual pressure becomes increasingly difficult with conflicting feelings
- Understand that sexuality and relationships involve thoughts, feelings, the body, and others

Lesson 2: Reasons for Not Having Sex

Objectives:

- Compare the emotional consequences of having sex with the emotional consequences of not having sex
- Personalize the emotional consequences of having or not having sex

Lesson 3: Handling Risky Situations

Objectives:

- Identify risky situations that can lead to unplanned sex
- Use interpersonal skills to get out of risky situations
- Strengthen their intrapersonal skills by identifying what makes it difficult to get out of risky situations

Lesson 4: Drawing the Line in Situations that Could Lead to Sex

Objectives:

- Describe and give examples of interpersonal skills that will maintain their line
- Demonstrate interpersonal skills to maintain their line in a roleplay situation

Lesson 5: STD Facts

Objectives:

- Define STD and common signs of an STD
- Describe when and how to get help for STD infection
- Identify abstinence as the best way to prevent STD infection

Lesson 6: STD and Relationships

Objectives:

- Describe interpersonal skills that will help them draw their lines to delay sex
- Give advice to friends on how to draw the line to delay sex

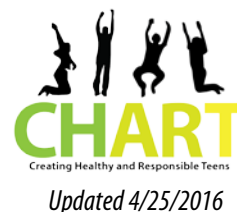
Lesson 7: Making a Commitment

Objectives:

- Determine their personal lines in situation that could lead to sex
- Use the skills of avoiding risky situations, drawing the line, and respecting someone else's line



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***Draw the Line/Respect the Line* Lessons and Objectives**
Grade 8

Lesson 1: HIV and Teens

Objectives:

- Describe the impact of living with HIV
- Make personal promises on where they draw the line to stay safe from HIV, other STDs, and unplanned pregnancy

Lesson 2: Draw the Line Challenge

Objectives:

- Describe HIV and how it affects the body
- Describe how HIV is and is not transmitted
- Identify common signs of other STDs
- Identify abstinence as the best way to prevent HIV and other STDs

Lesson 3: Difficult Moments

Objectives:

- Describe situations in which it may be difficult to stick to a limit
- Recognize that sexual feels can be controlled
- Recognize which situations are most difficult for them personally

Lesson 4: Sticking to Your Limit

Objectives:

- Describe strategies that can be used to handle difficult situations
- Use communication skills to maintain their lines

Lesson 5: Talking with a Person Who has HIV

Objectives:

- Examine their attitudes and feelings about people with HIV or AIDS
- Describe the physical, emotional, and social impact of living with HIV or AIDS
- Identify behaviors that put them at risk of becoming infected with HIV

Lesson 6: Reduce Your Risk

Objectives:

- Categorize methods of protection according to their effectiveness in reducing the risk for HIV, other STDs, and pregnancy
- Describe “do’s and don’ts” of condom use
- Describe the steps for proper use of condoms
- Recognize that choosing not to have sex is the best way to prevent HIV, other STDs, and pregnancy

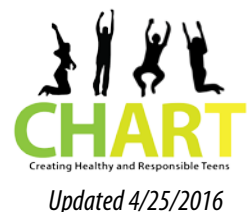
Lesson 7: Staying Safe

Objectives:

- Identify a mental image or “cold shower” they can use to cool down when they are in a situation where they might cross the line
- Describe their most important reason for not crossing the line



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- Describe how they have changed their promise to avoid crossing the line



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