



RESOURCE GUIDE EXPECTING & PARENTING YOUTH IN JACKSON/ METROPOLITAN MISSISSIPPI



Information on the Pregnancy Assistance Fund (PAF)

What is PAF?

This guide has been developed with support provided by the Office of Population Affairs (OPA) Pregnancy Assistance Fund (PAF) Program. The PAF Program is a grant program that aims to improve the health, educational, social, and economic outcomes of expectant and parenting teens, women, fathers, and their families. Since 2015, OPA has provided funding to the Mississippi State Department of Health (MSDH) to support its work with expectant and parenting teens. MSDH currently works closely with partner organization, Teen Health Mississippi, in a grant-supported collaboration to increase public awareness and education about the services available to expectant and parenting teens, women, fathers, and their families. One strategy to achieve this is the development of this guide.

How to use this guide?

This guide was developed based on input from expectant and parenting teens and service providers throughout Mississippi. They helped by telling us about the information, resources, services, and support that were most needed for themselves or to support a teen during pregnancy, after delivery, and while parenting. This guide gives general information anyone can use, and then more detailed information based on different areas of the state. This guide is intended to help expectant and parenting teens, women, fathers, and their families find resources and information they need to support a pregnancy and raise healthy families. This is a starting point to help you think about your pregnancy, your baby's birth, and being a parent.

The guide has information that might be helpful now and later. There is information about caring for yourself, what to expect as a parent, information that can help you with school, and information about family planning and birth control methods should you decide to wait a while before having another baby. At the end of the guide is a list of resources that are in or near your area.

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As a young person who is expecting or a current parent, you might have some questions, which is why this guide has been created. This guide should help you find things like medical care, housing, job training, and other information and resources you might need.

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Caring for You

Pregnancy and being a parent leads to a lot of changes in a person, both physically and emotionally. It's okay to feel a little (or a lot!) overwhelmed by these changes sometimes. The important part is knowing how to handle these feelings in a way that is safe and healthy for both you and your child. Below is information about some of the things to expect and ways to care for yourself and family during this time.



Body Changes

Some (but not all!) of the physical differences a person might notice during pregnancy include:

- Weight Gain
- Breast Swelling
- Stretch Marks
- Fatigue
- Swollen Feet
- Shortness of breath
- Mood Swings
- Morning Sickness (nausea)
- Cravings

Eating healthy foods, getting regular exercise, and staying away from alcohol, tobacco, and drugs are great ways to keep healthy. With so many changes happening, both physically and emotionally, make sure to check that the food and exercise you enjoy are good for you. The best way to do this is talking to doctors and nurses, and reading from accurate sources, like the websites listed below.

Mississippi State Department of Health: Healthy Pregnancy
https://msdh.ms.gov/msdhsite/_static/41,0,376.html

Center of for Disease Control and Prevention: Pregnancy
<https://www.cdc.gov/pregnancy/index.html>

U. S. Food and Drug Administration: Pregnancy
<https://www.fda.gov/consumers/womens-health-topics/pregnancy>

Postpartum is the time after pregnancy and delivery. During this time, a person's body is trying to recover from all the changes that occurred during the past several months. Most recovery is around 6-8 weeks and depends on the health of the person during pregnancy and childbirth, among other things. Each pregnancy and birth is different, so recovery will also vary as well. For people who have recently delivered a baby, it is important to see their doctor for their post-partum appointments to make sure their body is recovering well. Many doctors will want to make sure new parents have the support they need to ensure they and their families are healthy. This may include talking about plans to have another baby soon, or perhaps wait a while, and help make a good plan for either.

Emotional Changes

A person's hormones go through a roller coaster of changes both during and after pregnancy. This can result in mood swings from time to time. Many expecting and parenting young people find themselves getting upset or sad more easily than they used to. If a person finds this happening to themselves, they should talk to their family, their doctor, or another trusted adult about how they are feeling.

For the first few days after giving birth, many people experience what is known as "baby blues." This happens when the changes in hormones and the lack of sleep cause a person to feel overwhelmed and tired. Sometimes, the "baby blues" become something more serious. Postpartum Depression is a mood disorder that can affect people after birth. They can experience feelings of extreme sadness, anxiety, and exhaustion. This may make it difficult for them to complete daily activities or taking care of themselves or the baby. If a person is feeling any of these symptoms, it's important they reach out to their doctor or nurse who will know how to help them through these feelings and get them the support they need.

The National Help Hotline is a free, 24-hour, 365 day-a-year service for people to call to talk about any issues you may be facing. Don't hesitate to call to talk to someone about getting help: 1-800-662-4357

Stress Trips

Being a parent can be fun and exciting. But it can also be overwhelming and can cause you to lose your cool at times. When you feel the stress bubbling up, that is a sign to take a break. Below are some tips to help you stay calm and find your cool again:

- Take a deep breath.
- Close your eyes and count to 10.
- Put your child down in a safe place and step outside the room for a few minutes until you feel calmer.
- Ask for help. It's okay to let someone else help with your child from time to time.
- Even though you have a little one to take care of, you still need to take care of YOU. Take time every day, even if it is just for a few minutes, to do something you enjoy. It can be a hobby or alone time.

Caring for a newborn can be overwhelming and stressful for new and experienced parents. Frequent crying is normal for newborns. Crying increases around 2-3 weeks, reaches its height around 6-8-weeks, and becomes less frequent around 3-4 months old (12-16 weeks old). When your baby is crying a lot, it can be difficult and confusing, especially when you can't figure out why. When your baby is crying, remember to be gentle as they are very fragile. Any bouncing, shaking, or rough handling can be harmful to a baby. It is important to step away if you feel yourself becoming too upset about the baby crying. Take time to calm down or have someone else care for the baby to give yourself a break. Remember that the baby crying is part of their development. They are learning how to communicate, and when you respond in a gentle way, they learn they can depend on you to take care of them.

The Rights of Expectant and Parenting Youth - Title IX

Help for Staying in School

Being an expectant or parenting young person requires special services that are sometimes difficult for schools to provide. Because of this, pregnant and parenting young people can be treated differently, but not in a good way. Examples might be not being allowed to play a sport because you are a parent or not being allowed to make up work that you missed because of a doctor's appointment. The government recognized a need to protect pregnant women and parents from wrongful treatment and put into law Title IX (9). Title IX is a civil rights law that prohibits unfair treatment based on sex – including pregnancy and parental status. All public schools, school districts, colleges, and universities receiving federal funds must follow Title IX.

Following the Title IX law means your school must:

- Allow you to choose whether you want to participate in special programs or classes for pregnant and parenting students if they are available. This includes homebound instruction, at-home tutoring, and independent studies. You can participate if you want to, but your school cannot pressure you to do so.
- Allow you to participate in classes, activities, and sports even though you are pregnant or parenting. You are not required to submit a doctor's note unless your school would require a doctor's note from all students who require treatment by a doctor. For students that are pregnant, at a certain point in their pregnancy it may be best or required that they stop playing sports or stop participating in certain activities.
- Provide pregnant students with reasonable adjustments like a larger desk, elevator access, or allowing them to make frequent trips to the restroom due to their pregnancy.
- Excuse absences due to pregnancy or childbirth for as long as your doctor says is necessary.
- Allow you to return to the same grade level as before your medical absences began. This includes giving you the opportunity to make up any work missed while you were out.

Helpful Tips:

- Ask your school for help. Meet with your school's Title IX Coordinator or counselor regarding what your school can do to support you to stay in school and finish your academic program.
- Keep notes about your pregnancy- or parenting-related absences, any instances of being treated differently, and your talks with school staff about your pregnancy or parenting status. Immediately report problems to your school's Title IX Coordinator, counselor, or other staff.
- If you feel your school has treated you unfairly because you are pregnant or parenting, you may file a complaint using your school's Title IX complaint policy or with the Department of Education, Office for Civil Rights (OCR).

You can learn more about how the OCR works to protect students by visiting:
<https://www2.ed.gov/about/offices/list/ocr/docs/dcl-know-rights-201306-title-ix.html>

Help for Family Planning

The Title X (10) Family Planning Program is a federal grant program that provides family planning and preventive healthcare, like testing and treatment for sexually transmitted diseases (STDs), birth control, and pregnancy services. These services are provided in local health departments, health centers, and some other medical offices for people who couldn't otherwise afford such health care services on their own.

How This Applies to You

It will be important for you to think about whether you'll want to have another baby soon, or perhaps wait a while. Your doctor is a great person to talk this over with to help you make a plan for either option. However, you can also seek family planning services or birth control through any health clinic that uses Title X funds. Under Title X you do not need your parent's permission to receive birth control and the services are provided confidentially (or privately).



In Mississippi, Title X-funded health centers provide:

- Pregnancy testing
- Birth control
- Pelvic exams
- Screenings for high blood pressure, anemia, and diabetes
- Screenings for STDs
- Health education
- Referrals for other health and social services
- Reproductive life plan counseling
- Emergency Contraceptive Pills

All health department clinics in Mississippi are Title X sites and provide these services. You can also find other options for Title X-funded health centers in Mississippi by visiting <http://www.teenhealthms.org/find-healthcare>



Contraceptives 101

Emergency Contraceptives

Keeping up with your birth control can be challenging at times. If you are not currently on birth control, forget to take your birth control, or if the unexpected happens and you are no longer protected, there may still be time to prevent a pregnancy. Emergency contraception is a safe and effective way to prevent a pregnancy after having unprotected sex.

Emergency contraceptive is commonly in the form of a pill that is called the “morning after pill.” It must be taken within 72 hours of having sex. It’s important to note that the closer it is taken to when you had sex the better the chances of it preventing an unintended pregnancy.

The pill is available at all local health departments and is also sold at most pharmacies or drug stores. It can be purchased over the counter. This means you can either get the pill off the shelf or can purchase it from a pharmacy without a prescription.

Birth Control 101

Birth control is an important medical tool used to prevent things like pregnancy, heavy periods, cramping, acne, and some other things. For a person that has had a baby, it is important to think about whether they’ll want to have another baby soon, or perhaps wait a while. Your doctor will be able to help you plan for either option. It is important that a person has a discussion with their doctor about all the possible side effects and symptoms before being prescribed a birth control method so they can easily identify if the birth control is a good match and safe for them. Here are some methods of birth control. Your doctor may tell you about others.

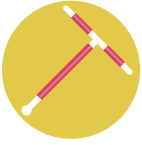


Abstinence

Sexual abstinence is defined as not having sex, meaning no vaginal, oral, or anal sex. Abstinence is the only 100 percent effective way to protect against pregnancy and STD's, ensuring that there is no exchange of bodily fluids.

The information in this tool is informed by findings from leading public health institutions, academic studies and community-based participatory research. Only the condom protects against STDs. Talk with your provider about the best methods for you.

Contraceptives 101



IUD (NON-HORMONAL)

This method can be kept private and is good for those who cannot take hormonal birth control. It is comprised of a copper coil that is placed in the uterus.

- 99% effective
- Lasts up to 3-10 years
- Pregnancy is usually possible after removal
- Does NOT protect against STDs

Notes: May have some pain when the IUD is placed. May cause cramps and periods to be heavier and longer.



IUD (HORMONAL)

This method uses progestin hormone to prevent pregnancy and can help lighten or stop periods and may reduce cramps until it is removed. The hormonal IUD usually takes less than a minute to place into the uterus.

- 99% effective
- Lasts 3-6 years
- Pregnancy is usually possible after removal
- Does NOT protect against STDs

Notes: May have some pain when the IUD is placed. Possible spotting (light bleeding) for 3-6 months that can transition to light or no period and may reduce cramping.



IMPLANT

This method can be kept private. It uses progestin hormone to prevent pregnancy, can help lighten or stop periods, and may reduce cramps until it is removed. It is inserted in the upper arm with a device that usually takes less than a few minutes.

- 99% effective
- Lasts 3 years
- Pregnancy is usually possible after removal
- Does NOT protect against STDs

Notes: Spotting may occur for the first few months, and can transition to light or no periods. May have some pain when implant is placed. Where the device is inserted can leave a small scar, some bruising, and be sore for a few days.

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Contraceptives 101



SHOT

This method can be kept private. It uses the progestin hormone to prevent pregnancy, can help lighten or stop periods, and may reduce cramps. The shot is usually given in the arm. This method requires going to a health clinic for a shot every 3 months to stay protected.

- 94% effective
- Lasts for 3 months at a time
- Pregnancy is usually possible after removal
- Does NOT protect against STDs

Notes: Some people experience increased appetite, weight gain, headaches, depression, and slight bruising where the shot was given.



BIRTH CONTROL RING

This method uses the hormones progestin and estrogen. It may prevent or lighten periods, reduce cramps, and help with acne. The ring only works if it is used CORRECTLY. The ring is inserted into the vagina. It may stay in during sex or be taken out.

- 91% effective (when used correctly)
- Lasts for one month
- Pregnancy is usually possible after removal
- Does NOT protect against STDs

Notes: May cause spotting for a few months, nausea, and breast tenderness.



PATCH

This method uses the hormones progestin and estrogen. It may prevent or lighten periods, reduce cramps, and help with acne. The patch only works if it is used CORRECTLY. The patch is placed on the belly, upper arm, or back and the skin absorbs the hormones.

- 91% effective
- Lasts for one week
- Pregnancy is usually possible after removal
- Does NOT protect against STDs

Notes: May cause spotting for a few months, nausea, and breast tenderness.

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Contraceptives 101



PILL

This method uses the hormones progesterin and estrogen, depending on the pill. It may prevent or lighten periods, reduce cramps, and help with acne. The pill is most effective when taken at the same time every day. When not taken regularly, the chance of getting pregnant is higher. Some medicines might cause the pill to not work for preventing pregnancy.

- 91% effective (when used correctly)
- Lasts for 24 hours
- Can become pregnant if not taken every day
- Does NOT protect against STDs

Notes: May cause spotting for a few months, nausea, and breast tenderness.



CONDOM

This method can be used to prevent pregnancy but only when used the correct way. This is also the only method that can prevent STDs when used every time and correctly.

- 82% effective
- Lasts for 1 sex act
- Must be removed carefully and away from partner to prevent pregnancy and STDs

Notes: Either partners' skin may have an allergic reaction to latex. If so, use a condom made from a different material that protects against STDs. Not all condoms protect against STDs.

**If you want to learn more about a method,
check out the resources below:**

Fact Not Fiction

<https://www.factnotfiction.com/>

Center for Disease Control and Prevention <http://www.cdc.gov/reproductivehealth/unintendedpregnancy/contraception.htm>

American College of Obstetricians and Gynecologists
<https://www.acog.org/Patients/FAQs/Birth-Control-Especially-for-Teens>

Bedsider: www.bedsider.org

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**RESOURCES
AVAILABLE IN
JACKSON/
METROPOLITAN
MISSISSIPPI**

Resources Available in Hinds County

Mental Health; Drug & Alcohol Assistance

Region 9

Hinds Behavioral Health Services

3450 Hwy. 80 W.
Jackson, MS 39284
(601) 321-2400
www.hbhs9.com

Hours of Operation:

Monday - Friday, 8:00am - 5:00pm
Payment Options: Medicare, Medicaid, Private insurance, Sliding fee scale
Services Provided: Outpatient mental health services, substance abuse and dual diagnoses, children and youth services, Jackson house clubhouse, and elderly psychosocial rehabilitation

MS Department of Mental Health

239 North Lamar Street
Robert E. Lee Building
Jackson, MS 39201
(601) 359-1288
www.dmh.state.ms.us

Hours of Operation:

Monday-Friday, 8:00 a.m.- 5:00 p.m.
Payment Options: Medicare, Medicaid, sliding fee insurance
Services Provided: Mental health, mental retardation, chemical and addiction programs for adults, children and adolescents throughout Mississippi

ACT Center

A Comprehensive Tobacco Program - Jackson Medical Mall

350 Woodrow Wilson, Suite 310
Jackson, MS 39213
(601) 815-1180

Hours of Operation:

Monday-Friday, 8:00am - 5:00pm
Services Provided: Treatment and Education for Tobacco Addiction; Intervention program including counseling methods and medications with follow-up services. Education and training provided for healthcare professionals and research

ALTR of Jackson

500 E. Woodrow Wilson Ave,
Jackson, MS
(601) 362-3131

Hours of Operation:

Monday-Friday, 8:00am - 5:00pm
Payment Options: Most Insurances Accepted
Services Provided: Mental Health and Substance Abuse Services

A Bridge to Recovery

361 Towne Center Blvd., Suite 1300,
Ridgeland, MS
(601) 977-9353

Hours of Operation:

Monday-Friday, 8:00am - 5:00pm
Payment Options: Most Insurances Accepted
Services Provided: Addiction Recovery

ARK Mississippi Childrens Home Services

1801 North West Street,
Jackson, MS 39202
(601) 709-1379

Hours of Operation: 8:00am - 5:00pm

Services Provided: For Adolescents ages 13-21 with a diagnosis of chemical dependency or substance abuse

AA Alcoholics Anonymous

4526 Office Park Dr
Jackson, MS
(601) 982-0081

Hours of Operation: 8:00am - 5:00pm

*Services Provided: 24-hour Helpline
www.aa-mississippi.org or
midmissintergroup@gmail.com*

Catholic Charities – Alcohol and Drugs

200 North Congress Street, Suite 100,
Jackson, MS 39201
(601) 366-0222

Hours of Operation: 8:00am - 5:00pm

*Services Provided: Shelter, Food, Substance
abuse help*

Country Oaks Recovery Center

1005 Country Club Dr
Jackson, MS
(601) 922-0802

Hours of Operation: 24 Hours

*Services Provided: Mental health and substance
abuse services, Addiction Recovery for adults
ID Required: MS driver's license, social security
card*

Hinds Behavioral Health Services

3450 U.S. 80 W
Jackson, MS
(601) 321-2400

Hours of Operation: 8:00am - 5:00pm

Payment Options: Most Insurances Accepted
Services Provided: Mental Health Services

Metro Counseling Center

911 Palmyra St
Jackson, MS
(601) 353-0502

Hours of Operation:

Monday - Friday, 8:00am - 5:00pm

Payment Options: Most Insurances Accepted
*Services Provided: Outpatient treatment services
for substance abuse at low or no cost to low
income individuals*

Harbor Houses of Jackson

5354 I-55 South Frontage Rd
Jackson, MS
(601) 371-7335

Hours of Operation: 24 Hours

Payment Options: Most Insurances Accepted
*Services Provided: Mental Health and Substance
Abuse Services for adults
ID Required: Picture identification card, social
security card*

**New Beginnings Residential
Transitional Treatment Program
of Catholic Charities**

2307 McFadden Rd
Jackson, MS
(601) 922-0026

Hours of Operation: 8:00am - 5:00pm

Payment Options: Most Insurances Accepted
*Services Provided: Transitional program after
women have completed primary treatment for
alcohol and drug addictions*

New Life for Women

814 N. Congress St.
Jackson, MS
(601) 355-2195

Hours of Operation: 8:00am - 5:00pm

Payment Options: Most Insurances Accepted
*Services Provided: (Women Only)
Offers a continuum of care for chemically
dependent women*

St. Dominic Behavioral Health Services
969 Lakeland Dr
Jackson, MS
(601) 200-3090

Hours of Operation: 8:00am - 5:00pm
Payment Options: Most Insurances Accepted
Services Provided: Mental Health Services

The Friendship Connection
1480 Raymond Rd
Jackson, MS
(601) 373-1533

Hours of Operation: 8:00am - 5:00pm
Services Provided: Drug and alcohol addiction

**Canopy Children's Solutions –
Children's Behavioral Health Clinic**
1513 Lakeland Drive
Jackson, MS 39216
(601) 939-7990

Hours of Operation: 8:00am - 5:00pm

Southern Christian Services
860 East River Place, Suite 104
Jackson, MS 39202
(services – Therapeutic Group Home for
Boys, P.A.L.S. Transitional Living Program,
Trauma Counseling)

*Services Provided: Therapeutic Group Home
for Boys, P.A.L.S. Transitional Living Program,
Trauma Counseling*

Ava Family Services, LLC
16 Northtown Drive #102
Jackson, Mississippi 39211
Office Phone: (601) 321-9412
24-Hour Crisis Line: (601) 291-7173

*Services Provided: Mental health services for
adults, children, youth and their families*

Human Services

**Hinds County Human Services
Department**
4777 Medgar Evers Blvd
Jackson, MS 39213
(601) 364-3000

Hours of Operation:
Monday-Friday, 8:00 a.m. - 5:00 p.m.
*Services Provided: Food assistance, child care
vouchers, abuse and neglect prevention, child
support services, senior programs, parenting
classes*

Hinds County Human Resource Agency
258 Maddox Road
Jackson, MS 39212
Phone: (601) 923-3930
<https://hchra.org/>

*Services Provided: Head Start, Financial Training,
Meals Program, Energy Assistance Program,
Transportation Service*

Health and Medical Services

Choices for Children and Families Clinic

2941 Terry Road
Jackson, MS 39213
(601) 372-2935
www.cfcandfamily.com

Payment Options: Medicare, Medicaid,
Private insurance, sliding fee scale
*Services Provided: Comprehensive care and a
number of services at our location*

Hinds Comprehensive Health Center

3502 West Northside Drive
Jackson, MS 39213
(601) 362-5321

Payment Options: Medicare, Medicaid,
Private insurance, sliding fee scale
*Services Provided: Physical, dental, and health
exams*

Hinds County Health Department

350 W. Woodrow Wilson, Suite 411
Jackson, MS 39213
(601) 432-3070

Hours of Operation:
Monday-Friday, 8:00 a.m.- 5:00 p.m.
Payment Options:
Medicare, Medicaid, fees may vary
depending on services
*Services Provided: Family Planning, Special
Supplemental Nutrition Program for Women,
Infants, and Children, testing for sexually
transmitted diseases, and more services.*

Mississippi Sports Medicine and Orthopedic Center

1325 E Fortification St.
Jackson, MS 39202
(601) 354-4488

Hours of Operation:
Monday-Friday, 8:00am - 5:00pm
Payment Options: Medicare, Medicaid, Private
insurance and Self-Pay
Services Provided: Physical therapy

Mississippi State Department of Health - Jackson

570 E. Woodrow Wilson
Jackson, MS 39215
(601) 576-7400
Toll-Free: (866) 458-4948

Hours of Operation:
8:00am - 5:00pm

Jackson Hinds Comprehensive Health - Central Clinic

1860 Chadwick Drive
Jackson, MS
(601) 362-5321

Jackson-Hinds Comprehensive Health Center - Raymond Site LBN Central Mississippi Civic Improvement Association, INC.

119 S Oak #2
Raymond, MS 39154-4205
(601) 362-5321

Jackson-Hinds Comprehensive Health Center LBN Central Mississippi Civic Improvement Association

145 Raymond Road
Jackson, MS 39204-3802
(601) 372-1800

Jackson-Hinds Comprehensive Health Center LBN Central Mississippi Civic Improvement Association

1655 Whiting Rd.
Jackson, MS 39209-5826
(601) 923-2547

Jackson-Hinds Comprehensive Health Center LBN Central Mississippi Civic Improvement Association

1716 Isable St.
Jackson, MS 39204-2352
(601) 960-5310

Jackson-Hinds Comprehensive Health Center LBN Central Mississippi Civic Improvement Association

2185 Fortune St.
Jackson, MS 39204-2333
(601) 960-5354

Jackson-Hinds Comprehensive Health Center - Byram Middle School-Based Central Mississippi Civic Improvement Association, INC.

2009 Byram Bulldog Blvd,
Terry, MS 39170-8632
(601) 362-5321

Jackson-Hinds Comprehensive Health Center LBN Central Mississippi Civic Improvement Association

3502 W Northside Dr
Jackson, MS 39213-4454
(601) 362-5321

Jackson-Hinds Comprehensive Health Center at The Jackson Medical Mall LBN Central Mississippi Civic Improvement Association, INC.

350 Woodrow Wilson Blvd
Jackson, MS 39213-4454
(601) 362-5321

Homeless Clinic LBN Central Mississippi Civic Improvement Association, INC.

327 S Gallatin St.
Jackson, MS 39203-3514
(601) 362-5321

Jackson-Hinds Comprehensive Health Center LBN Central Mississippi Civic Improvement Association

1716 Isable St.
Jackson, MS 39204-2352
(601) 960-5310

Jackson State University Student Health Center

1400 John R. Lynch
Jackson, MS 39217
(601) 979-2260

Jackson Hinds Comprehensive Health Center LBN Central Mississippi Civic Improvement Association

500 W County Line Rd
Tougaloo, MS 39174-9700
(601) 978-3095

Family Health Care Clinic, INC.

4635 Highway 80 E.
Jackson, MS 39208-4226
(601) 825-7280

Building Bridges

2147 Henry Hills Ste. 206
Jackson, MS 39204
(601) 922-0100

Services Provided: HIV/Aids referral/information

Catholic Charities – Health Ministry

200 North Congress Street, Suite 100
Jackson, MS 39201
(601) 366-0222

Services Provided: Health ministry

Crossroads Clinic/Jackson Medical Mall

350 Woodrow Wilson Drive, 3rd Floor,
Suite 2516, Jackson, MS 39213
(601) 987-6728

Hours of Operation:
Monday, Wednesday, Friday, 8:00am – 5:00pm
Tuesday, Thursday 8:00am – 8:00pm
Services Provided : STD Screening, HIV/AIDS Testing

Mission First

275 Roseneath St
Jackson, MS
(601) 608-0050

Services Provided: Medical and Dental Wellness Program, Children and youth ministries

Jackson Free Clinic
925 Martin Luther King Jr. Blvd
(601) 355-5161
www.jacksonfreeclinic.com

Hours of Operation: Saturdays Noon - 4:00pm
*Appointment needed
Services Provided: Dedicated to treating those who have no insurance and cannot otherwise afford medical care.

James Ivory Homeless Clinic of Jackson-Hinds Comprehensive Health Center
327 South Gallatin St
Jackson, MS 39203
(601) 914-1789

Hours of Operation:
Monday - Friday 8:00am - 5:00pm
Services Provided: Basic healthcare for the homeless

Employment Assistance

MS Employment Security Commission WIN Job Center
420 E. Woodrow Wilson Blvd.
Jackson, MS 39205
(888) 844-3577
www.mdes.ms.gov

Hours of Operation:
Monday-Friday, 8:00 a.m.- 5:00 p.m.
Services Provided: Employment Information and Referral; Unemployment assistance

Jackson WIN Job Center
5959 I-55 Frontage Road Suite C
Jackson, MS 39213
(601) 321-7931

Hours of Operation:
Monday-Friday, 8:00 a.m.- 5:00 p.m.
Wednesday, 8:00 a.m.- 4:00 p.m.
Services Provided: Computer, Phone, Fax Copier, Resume Preparation, Career Planning & Assessment, Access to Training information, Resource Center

Career Development Center
2703 First Ave
Jackson, MS 39209
(601) 960-5322

Services Provided: Adult education classes are offered in the night program.

Inroads/Mississippi Incorporated
210 East Capitol St
Jackson, MS 39202
(601) 354-3677

Services Provided: Paid internship program

Jackson Win Job Center of the Mississippi - Department of Employment Security

5959 I-55 N. Frontage Road, Suite C
Jackson, MS 39213
(601) 321-7931

Hours of Operation:
Monday - Tuesday, Thursday - Friday
8:00am - 5:00pm

Services Provided: Job search and placement assistance, Internet access for job searches and resume posting, resume preparation software, fax, copier; phones; information on unemployment benefits, assistance for laid-off workers, Trade Adjustment Assistance benefits, child care, transportation, referral to job training; services for veterans.
ID Required: For verification purposes

Mississippi Department of Employment Security

1235 Echelon Pkwy
Jackson, MS 39213
(601) 292-1599

Hours of Operation: 8:00am - 5:00pm
Services Provided: Helps Mississippians find jobs.
Restrictions: For ages 16-24

Vocational Rehabilitation Services

3895 Beasley Rd
Jackson, MS 39213
(601) 898-7010

Hours of Operation:
Monday - Friday, 7:30am - 5:00pm
Services Provided: Assist persons with physical or mental disability to maintain/obtain employment.
ID Required: MS Driver's License or Insurance card

City of Jackson Department of Human and Cultural Services

1000 Metrocenter, Suite 101
Jackson, MS 39209
(601) 960-0335

Services Provided: Jobs for Jacksonians- Employment Assistance

Dress for Success Pearl Street AME Church

2519 Robinson St., 2nd Floor
Jackson, MS 39209
(601) 985-9888

Services Provided: Provides interview suits to low-income women

Placement Resources

Bethany Christian Services

2618 Southerland Drive
Jackson, MS 39216
(601) 366-4282
(800) 331-5876

Services Provided: Foster care and adoption, International & Domestic services as a child placing agency

Canopy Children's Solutions

1465 Lakeland Dr.
Jackson, MS 39216
1-800-388-6247
(601) 352-7784

Services Provided: adoption and Therapeutic foster care, mental health services

Mississippi Families for Kids

407 Briarwood Dr, Suite 109
Jackson, MS 39206
(601) 957-7670
Toll Free 1-800-241-5437

Services Provided: adoption support, foster care support and training

Southern Christian Services

860 East River Place, Suite 104
Jackson, MS 39202
(601) 354-0983

Services Provided: Therapeutic Foster Care, Adoption, Therapeutic Group Home for Boys, Transitional Living Program, Parenting Support, Trauma Counseling

**Methodist Children's Homes
Morrow Administrative Center**

805 North Flag Chapel Road
Jackson, MS 39209

Services Provided: Therapeutic Foster Care, Therapeutic Residential Care, Youth Services

**Catholic Charities
Adoption/Maternity/Infant
Foster Care Program**

840 E River Place
Jackson, MS 39205
(601) 960-8649

Services Provided: Adoption, counseling

**Youth Villages
The Atrium Building**

805 South Wheatley Street
Ridgeland, MS 39157
(601) 572-3700

Services Provided: Adoption, foster care, residential programs, intensive in home treatment, mentoring, crisis services

Pregnancy and Parenting

**Hinds County Health Department
PHRM/ISS and WIC Services
Jackson Medical Mall**
350 W. Woodrow Wilson, Suite 411
Jackson, MS 39213
(601) 432-3070

Hours of Operation: Monday – Friday
8:00 a.m. to 5:00 p.m.
Services Provided: Pregnancy and infant case management program, Breastfeeding and food assistance, parenting resources, assistance to help obtain community resources)

Birthright of Jackson
855 S Pear Orchard Rd.
Ridgeland, MS 39157
(416) 469-4789

Hours of Operation:
Monday-Friday, 8:00 a.m.- 5:00 p.m.
Services Provided: Info about pregnancy, childbirth, parental skills, childcare, adoption, referrals for medical, social and financial resources, free pregnancy test, and maternity and baby items

**Methodist Children's Home
Therapeutic Maternity Home**

Services Provided: Therapeutic Maternity Home to support pregnant teens and teen mothers (ages 10-18) – "Two of Us" program – Basic Medical Care, Spiritual Development/Guidance, Mental Health treatment, Preparation for Independent Living, Academic/Tutorial Supports, Recreation and Life Skills Opportunities, Parenting Classes

Center for Pregnancy Choice
4539 Office Park Drive
Jackson, MS 39206
(24 hour Hotline) (601) 713-3113
(601) 713-2322

Services Provided: Free confidential pregnancy testing and information, parenting classes, and support services

Family Support Center
826 North St.
Jackson, MS 39202
(601) 944-1055

Hours of Operation:
Monday-Friday, 8:00 a.m.- 5:00 p.m.
Services Provided: Education, training and support to parents

**Hinds County Human Services
Department**
4777 Medgar Evers Blvd
Jackson, MS 39213
(601) 364-3000

Services Provided: Children and Youth Services, Family Services, Abuse and Neglect Reports)

**Stork's Nest
Jackson Medical Mall**
Suite 3130
350 W Woodrow Wilson Ave.
Jackson, MS 39213
(601) 982-2502

Hours of Operation:
Tuesday - Thursday, 2:00pm - 4:00pm;
Tuesday 5:00pm - 6:00pm
Services Provided: Prenatal Education Program, maternity and baby items

**SIPPS Baby Café
Mississippi Urban League**
2548 Livingston Road, Suite 1
Jackson, MS 39213
(601) 987-6783

Hours of Operation:
Thursday, 11:00am - 1:00pm
Services Provided: Free Gym Memberships, Infant Health Classes, and Fitness Classes

University of Mississippi Medical Center - Wiser Hospital for Women and Infants

2500 N. State St.
Jackson, MS 39216
To register, call (601) 984-2229

Services Provided: Pregnancy, and Childbirth Preparation Classes, Class times and hours vary. Must be delivering infant at UMMC to participate

Mississippi Baby Company

(904)-386-0736
Email: Leah@doulainmississippi.com

Services Provided: Doula services, Pregnancy, Birth and Postpartum Support, childbirth education in Central MS area

**St. Dominic's Hospital
Childbirth Education and Prenatal Classes**

(601) 200-5995
969 Lakeland Drive
Jackson, MS 39216

Must register for classes to participate

**Baptist Health Systems
Childbirth Classes**

Baptist for Women, Conference Room
1225 North State St.
Jackson, MS 39202
Ph: (601) 948-6262
Email: baptistforwomen@mbhs.org

Must register for classes to participate

March of Dimes, MS Chapter

(601) 362-8945
330 Northmart Plaza Suite 1
1-800-842-5117
Jackson, MS 39206
www.marchofdimes.com

Hours: 8:30am - 4:30pm Monday - Friday
Services Provided: Education about healthy pregnancy. Referrals for children with birth defects. Scholarships for nursing, social workers and physicians

Hinds Behavioral Health Services

3450 Hwy 80 West
Jackson, MS 39209

Class Times:
Wednesdays, 1:00pm - 2:00pm
Services Provided: Parenting Classes

Housing

Christian Brotherhood Homes

4715 Methodist Farm Rd.
Jackson, MS 39213
(601) 362-9818

Services Provided: Housing for low-income individuals & families

MS Regional Housing Authority VI

2180 Terry Rd.
P.O. Drawer 8746
Jackson, MS 39284
(601) 373-7040

Hours of Operation:

Monday - Thursday, 8:30am -11:45am,
1:00pm – 4:00pm; Friday: 10:00am -11:45am,
1:00pm, 4:00pm

Services provided: Provide housing to low-income families, Section 8 Housing Vouchers, tenant-based housing vouchers (Serves – Claiborne, Copiah, Hinds, Holmes, Madison, Rankin, Simpson, Warren and Yazoo Counties)

**Jackson Housing Authority
Central Office**

2747 Livingston Rd.
Jackson, MS 39213
(601) 362-0885

Services provided: Provides low-income housing – Project Based and Housing Choice Vouchers

Homeownership Office

256 E Fortification St.
Jackson, MS 39202
(601) 398-0446

Mississippi Housing Partnership

1217 North West St.
Jackson, MS 39202
(601) 969-1895

Services Provided: First time Homebuyer Workshops – 2nd Saturday of every month, Foreclosure Prevention, Financial Literacy, Affordable Rental Housing, Homeless Prevention, Permanent Supportive Housing, Comprehensive Rehabilitation Program, FHLB's SNAP Limited Repair Program

MUTEH

201 W Capitol St #800
Jackson, MS 39201
(601) 960-0557

Hours of Operation:

Monday - Friday, 8:00am - 5:00pm

Services Provided: Rapid Re-Housing – temporary financial assistance for housing and case management to qualified homeless individuals and families, Chronically Homeless Permanent Supportive Housing, and Veteran Housing

Stewpot Community Services

1100 Capitol St.
Jackson, MS 39203
(601) 353-2759

Requirements: Social Security Card and ID for adults; Social Security Card and Birth Certificate for all children accompanying adults

Services Provided – Matt's House- shelter for homeless women, Rapid Re-Housing Program – to help families and individuals quickly exit homelessness with both housing identification and financial assistance

Habitat for Humanity, MS
615 Stonewall St.
Jackson, MS 39213-7063
(601) 353-6060

Services Provided: Assist in homeownership for qualified individuals

Mississippi Home Corporation
735 Riverside Dr.
Jackson, MS 39202
(601) 718-4642

Services Provided: assists in providing affordable housing, homebuyer guidance, CHOICE program, HOPWA program, Down Payment Assistance

Magnolia Park Apartments
1240 Lawnview Place
Jackson, MS 39203
(601) 96-7306

Hours of Operations Vary
Services Provided: Affordable housing property 1 to 2 bedrooms

Salvation Army, Social Services Office
110 Presto Ln.
Jackson, MS 39206
(601) 982-4881

Hours of Operation: 8:30am - 4:30pm
Services provided: Volunteer services, veterans counseling, Disaster relief, league of mercy, thrift store, Christmas assistance, Summer camp, corps of community center, home league, Homeless services including: emergency shelter & meals, health care, job & life skills

Child Care

Jackson Medical Mall, Health Department
350 Woodrow Wilson Suite 411 A
Jackson, MS 39213
(601) 364-2667
First Steps: (800) 451-3903

Hours of Operation:
Monday-Friday, 8:00 a.m.- 5:00 p.m.
Services Provided: Early Intervention Program - Infant/Toddlers

Head Start - Friends of Children in Mississippi
it's 130 Riverview Drive, Suite C
Flowood, MS 39232
(601) 353-3264
Temp #: (601) 321-0960

Hours of Operation:
Monday-Friday, 8:30 a.m.- 4:30 p.m.
Services Provided: Preschool program for 3 & 4 year olds across the state. Provides breakfast, lunch and snack. Physical and dental screening for non-Medicaid enrollees

Hinds County Human Resource Agency/HeadStart
258 Maddox Rd.
Jackson, MS
(601) 923-3930

Hours of Operation:
Monday-Friday, 8:30 a.m.- 4:30 p.m.
Services Provided: Preschool program for 3 & 4 year olds across the state. Provides breakfast, lunch and snack. Physical and dental screening for non-Medicaid enrollees

Boys and Girls Clubs

1450 W. Capitol Street (601) 948-7211

4350 Raymond Road (601) 372-9090

470 Sykes Rd. (601) 372-4111

337 W. Union St (601) 859-9847

550 Country Club Dr.
(Whiterock Housing) (601) 922-2205
(601) 969-7088

www.bgccm.net

Hours of Operation:

Monday – Friday, 2:00pm – 9:00pm (School Year); Monday - Friday, 7:00am – 6:00pm (Summer)

Services provided: Serving Boys and Girls ages 6-18. Programs promote youth development based on principles of behavioral guidance, which emphasize the health, social, educational, vocational, character and leadership of young people.

City of Jackson Department of Human and Cultural Service

350 W. Woodrow Wilson Suite 311-B
Jackson, Ms 39213-7677

We offer full and part-time services at the following locations:

Jones Early Childhood
Development Center
2050 Martin Luther King, Jr. Dr.
Jackson, MS 39203

Westside Early Childhood
Development Center
1450 Wiggins Road
Jackson, MS 39209

Hours of Operation: 7:30am - 5:30pm

Services Provided: Services Provided: G.E.D, Senior Services, Youth employment program, Daycare, Early Childhood & Development The Early Childhood Development Program exists to provide a safe, developmentally appropriate environment for infants- to – preschool children. We serve children from 8 weeks – 5 years old.

**MS Dept of Human Services
Child Care Payment Program**

Contact Information for the CCPP

Call Toll-Free: 800-877-7882

Mailing Address:

DECCD
PO Box 352
Jackson, MS 39205

Email: ccpayment@mdhs.ms.gov

Education

Bethlehem Center
920 North Blair Street
Jackson, MS 39207
(601) 355-0224

Services Provided: Educational programs for preschool & school age children; Sliding scale

Job Corp
400 Harmony Road
Crystal Springs, MS 39059
(601) 948-6443

Hours of Operation:
Monday-Friday, 8:30 a.m.- 4:30 p.m.
Services Provided: GED and Skill Certification; Individuals ages 16-24; Free room & board plus allowance and money earned for completion of program

JSU Continuing Education Learning Center
931 Hwy 80 West
Jackson, MS 39204
(601) 979-2037
www.jsums.edu

Hours of Operation: 8:00am - 5:00pm
Services Provided: Non-Reader to GED Preparation Classes, Parenting Classes, Employability Skills Class (Computer based or audio tapes for auditory learners)

- Classes may be covered by grant money
- Scholarships available
- Teenagers and adults

Annie Thompson Jeffers Library
111 West Madison St
Bolton, MS 39041
(601) 866-4247

Services Provided: Educational programs for preschool & school age children
Required: Library Card requires picture id, and proof of residence

Beverly J. Brown Library
5901-B Terry Road
Byram, MS 39272
(601) 372-0954

Services Provided: Educational programs for preschool & school age children
Required: Library Card requires picture id, and proof of residence

Bolden Moore Library
1444 Wiggins Rd
Jackson, MS 39209
(601) 922-6076

Services Provided: Educational programs for preschool & school age children
Required: Library Card requires picture id, and proof of residence

Ella Bess Austin Library
420 West Cunningham Ave
Terry, MS 39170
(601) 878-5336

Services Provided: Educational programs for preschool & school age children
Required: Library Card requires picture id, and proof of residence

Eudora Welty Library
300 North State St
Jackson, MS 39201
(601) 968-5811

Services Provided: Educational programs for preschool & school age children
Required: Library Card requires picture id, and proof of residence

<p>Evelyn Taylor Majure Library 217 West Main St Utica, MS 39175 (601) 885-8381</p>	<p><i>Services Provided: Educational programs for preschool & school age children</i> <i>Required: Library Card requires picture id, and proof of residence</i></p>
<p>Fannie Lou Hamer Library 3450 Albermarle Rd Jackson, Mississippi 39213 (601) 362-3012</p>	<p><i>Services Provided: Educational programs for preschool & school age children</i> <i>Required: Library Card requires picture id, and proof of residence</i></p>
<p>Lois A. Flagg Library 105 Williamson Avenue, Edwards, Mississippi, 39066, Hinds County (601) 852-2230</p>	<p><i>Services Provided: Educational programs for preschool & school age children</i> <i>Required: Library Card requires picture id, and proof of residence</i></p>
<p>Margaret Walker Alexander Library 2525 Robinson Street Jackson, Mississippi 39209 (601) 354-8911</p>	<p><i>Services Provided: Educational programs for preschool & school age children</i> <i>Required: Library Card requires picture id, and proof of residence</i></p>
<p>Medgar Evers Library 4215 Medgar Evers Boulevard Jackson, Mississippi 39213 (601) 982-2867</p>	<p><i>Services Provided: Educational programs for preschool & school age children</i> <i>Required: Library Card requires picture id, and proof of residence</i></p>
<p>Quisenberry Library 605 East Northside Drive Clinton, Mississippi 39056 (601) 924-5684</p>	<p><i>Services Provided: Educational programs for preschool & school age children</i> <i>Required: Library Card requires picture id, and proof of residence</i></p>
<p>Raymond Public Library 126 West Court Street Raymond, Mississippi 39154 (601) 857-8721</p>	<p><i>Services Provided: Educational programs for preschool & school age children</i> <i>Required: Library Card requires picture id, and proof of residence</i></p>
<p>Richard Wright Library 515 West McDowell Road Jackson, Mississippi 39204 (601) 372-1621</p>	<p><i>Services Provided: Educational programs for preschool & school age children</i> <i>Required: Library Card requires picture id, and proof of residence</i></p>
<p>Utica Elementary/Middle School (Off Site Location) 260 Highway 18 & 27 Utica, Mississippi 39175 (601) 885-8381</p>	<p><i>Services Provided: Educational programs for preschool & school age children</i> <i>Required: Library Card requires picture id, and proof of residence</i></p>

**Jackson State
Willie Morris Library**
4912 Old Canton Road
Jackson, Mississippi 39211
(601) 987-8181

*Services Provided: Educational programs for preschool & school age children
Required: Library Card requires picture id, and proof of residence*

Millsaps College
1701 N. State St
Jackson, MS 39210
(601) 974-1000

Hours of Operation: 8:00 am - 5:00pm
Services: Pre-med, nursing, Pharmacy, education, law, & Ministry

Tougaloo College
500 County Line Rd.
Tougaloo, MS 39174
(601) 977-7700

Hours of Operation: 8:00 am - 5:00pm
Services: Education, Natural Sciences, Social Sciences & Humanities

**Mothers Obtainin
Justice & Opportunities**
P.O. Box 9924
Jackson, MS
contact@mojomama.org

Children's Program

**Operation Shoestring
The Ellen Harris Center**
P.O. Box 11223
1711 Bailey Avenue
Jackson, MS 39283 -1223
(601) 353-6336

Hours of Operation:
Monday - Thursday, 6:30 am - 8:30pm
Services: After school and summer programs for pre-K through 12th

Big Brothers Big Sisters
175 East Capitol St., Suite 222
Jackson, MS 39201

Hours of Operation:
Monday - Friday, 8:00am - 5:00pm
Services Provided: Mentoring program for children and youth

Boys and Girls Clubs
1450 W. Capitol Street (601) 948-7211

4350 Raymond Road (601) 372-9090

470 Sykes Rd. (601) 372-4111

337 W. Union St (601) 859-9847

550 Country Club Dr.
(Whiterock Housing) (601) 922-2205

(601) 969-7088 www.bgccm.net

Hours of Operation:
Monday - Friday, 2:00pm – 9:00pm (School Year); Monday - Friday, 7:00am – 6:00pm (Summer)
Services Provided: Serving Boys and Girls ages 6-18. Programs promote youth development based on principles of behavioral guidance, which emphasize the health, social, educational, vocational, character and leadership of young people

Jackson Urban League
2310 Hwy. 80 West
Jackson, MS 39204
(601) 714-4600

Hours of Operation:
Monday - Friday 8:00am - 5:00pm
Services Provided: Tutorial Program for Elementary & Middle School; GED classes; Computer training, Victim Assistance (funding toward funeral & counseling) Housing - assisting homeowners prior to foreclosure, Job Referral Source

Stewpot Community Teen Center
1100 W. Capitol Street
Jackson, MS 39202
(601) 948-2941
www.stewpot.org

Hours of Operation:
Monday - Thursday, 3:00pm – 6:00pm
Services Provided: After school homework assistance, anger management, social skills

Support Services

City of Jackson Department of Human and Cultural Service
350 W. Woodrow Wilson Suite 311-B
Jackson, MS 39213
(601) 960-0383

Hours of Operation:
Monday-Friday, 8:00 a.m.- 5:00 p.m.
Services Provided: G.E.D, Senior Services, Youth employment program, Daycare

Catholic Charities – Adoption & Maternity
200 North Congress Street, Suite 100,
Jackson, MS 39201
(601) 366-0222

Hours of Operation: 8:00 am – 5:00pm
Services Provided: Adoption, maternity help, shelter, food, family ministry

Christian Brotherhood Homes

3930 Skyview Dr
Jackson, MS 39213
(601)362-9818

Services Provided: Housing for low-income individuals and families

Good Samaritan Center

114 Millsaps Ave
Jackson, MS 39202
(601) 355-6276

*Services Provided:
Clothing: Mon 9:00 a.m., Wed 1:00 p.m.,
Food assistance: Friday 1:00 p.m.*

Stewpot Food Pantry and Soup Kitchen

1100 W. Capitol Street
Jackson, MS 39203
(601) 353-2759

**Hours of Operation:
Monday - Friday, 9:00am - 4:00pm**
*Services Provided: Hot lunches everyday, chapel,
food pantry and clothes closet, after school
programs, Senior Citizen & Disabled Services*

**Hinds County Human Services
Department**

4777 Medgar Evers Blvd
Jackson, MS 39213
(601) 364-3000

*Services include: food assistance, child care
vouchers, abuse and neglect prevention, child
support services, senior programs, parenting
classes*

Hinds County Human Resource Agency

258 Maddox Road
Jackson, MS 39212
(601) 923-3930
<https://hchra.org/>

*Services Provided: Head Start, Financial Training,
Meals Program, Energy Assistance Program,
Transportation Service*

American Red Cross

875 Riverside Drive
Jackson, MS 39202
(601) 353-5442
Fax (601) 353-5466

**Hours of Operation:
Monday - Friday, 8:30am - 4:30pm**
*Services Provided: Assistance and training for
disaster relief, first aid & safety, HIV/AIDS*

Central MS Legal Service, Inc.

414 South State Street,
3rd Floor (Dixie Building)
Jackson, MS 39202
(601) 948-6752
www.mslegalservices.org

*Services Provided: Federally funded service for
low-income families with Civil cases only, serving
43 counties from Central to South MS*

Children's Defense Fund

2659 Livingston Road
Jackson, Ms 39213
(601) 321-1966

*Services Provided: Advocates for poor and
minority children and families*

First Baptist Church of Jackson

431 North State St.
Jackson, MS 39201
(601) 949-1924

Mailing: P.O. Box 250
Jackson, MS 39205

Missions First Medical & Dental Clinic
(sliding scale) (601) 608-0050

Counseling Program (sliding scale)
(601) 949-1949

Metro Assistance Ministry (stop by Tuesdays
at 1:30)

*Services Provided: provides assistance with:
Rent, Utilities, Clothing, Food, Credit counseling*

Good Samaritan Center

114 Millsaps Avenue
Jackson, MS 39202
(601) 355-6276

Hours of Operation:

Monday & Wednesday - 9:00am - 5:00pm;

Friday 1:00pm - 5:00pm;

Closed to public on Tuesdays

Clothing: Monday, 9:00 am - 12:00 pm,

Wednesday & Friday 1:00pm – 4:00pm

Food: Monday - Friday, 1:00 pm - 4:00 pm

Services Provided: Furniture

*Travelers Aid – for families stranded with
children, Eligibility Requirement: verifiable
emergency situation - Call for more information*

Resources Available in Madison County

Mental Health; Drug & Alcohol Assistance

Region 8 Mental Health Center

103 South Lake Circle
Canton, MS 39046
(601) 859-8371

Hours of Operation:

Monday - Friday, 8:00am - 5:00pm

Payment Options: Medicare, Medicaid, Private insurance and Self-Pay

Services Provided: Individual and Family Counseling

Requires: Insurance or self-payment

Three Oaks Behavioral Health

408 Fontaine Place, Suite 101
Ridgeland, MS 39157
(601) 991-3080

Payment Options: Medicare, Medicaid, Private insurance and Self-Pay

Services Provided: Private Standing Mental Health Facility

Requires: Insurance or self-payment

Pine Grove Outreach Center of Madison

214 Key Drive, Suite 1200
Madison, MS 39110
(601) 853-0503
1-800-530-9745

Bridge to Recovery

1437 Old Square Rd
Suite 101
Jackson, MS 39211
(601) 977-9353

Services Provided: Assessments, Individual, Group and Family Therapy

Youth Villages

The Atrium Building
805 South Wheatley Street
Ridgeland, MS 39157
(601) 572-3700

Services Provided: Residential Treatment, Intensive-In Home Treatment, Lifeset, Foster care and adoption, Crisis services and support

Haven House Family Shelter

(Battered Women's Shelter)
1-800-898-0860
(601) 638-0555

Hours of Operation: 24 Hours

Services provided: Shelter care and counseling for abused and battered women and their children. For residents of Warren, Hinds, Rankin, Yazoo, Madison, Simpson, Issaquena & Sharkey Counties

Human Services

Madison County Human Services Department
3142 S Liberty St.
Canton, MS 39046
(601) 859-5858

Hours of Operation:
Monday - Friday, 8:00am - 5:00pm
Payment Options: Medicare, Medicaid, Private insurance and Self-Pay
Services Provided: Protection for abused or neglected Children

Madison County Allied Against Poverty (MadCAAP)
225 South Union St.
Canton, MS 39046
(601) 859-5703

Services Provided: Housing, clothing, food, medical assistance, financial management, and education programs

Madison County Stewpot
505 S. Union Street
Canton, MS 39046
(601) 859-9211

Days of Operation: Monday - Friday
Services Provided: Free hot lunches

Health and Medical Services

Baptist Medical Clinic Family Medicine - Madison
401 Baptist Dr #104
Madison, MS 39110
(601) 605-2383

Hours of Operation:
Monday - Friday, 8:00am - 5:00pm
Payment Options:
Medicare, Medicaid, Private insurance and Self-Pay

Madison County Health Department
309 Park Dr
Canton, MS 39046
(601) 859-3316

Hours of Operation:
Monday - Friday, 8:00am - 5:00pm
Services Provided: Some services may require an appointment; Walk-ins accepted on a limited basis

St. Dominic's Family Medicine-Madison Highland Medical Arts Building
106 Highland Way, Suite 103
Madison, MS 39110
(601) 200-4750

Hours of Operation:
Monday - Friday, 8:00am - 5:00pm

Children's Medical Group
7726 Old Canton Road
Madison, MS 39110
(601) 362-8776

Hours of Operation:
Monday - Friday, 8:00am - 12:15pm;
1:15pm - 5:00pm

Madison-Ridgeland Children's Clinic

401 Baptist Drive Suite 101
Madison, MS 39110
(601) 856-2598

Employment Assistance

Win Job Center

152 Watford Parkway Suite B
Canton, MS 39046
(601) 859-7609

Required:

Driver's License and social security card
Services Provided: Job placement assistance

**Mississippi Department
of Rehabilitation Services**

1281 Highway 51
Madison, MS 39110
(800) 443-1000

Services Provided: Assists individuals with disabilities to gain employment, retain employment, and live independently

Goodwill Industries

104 E. State St.
Ridgeland, MS 39157
(601) 853-8110

Hours of Operation:

Monday – Saturday, 7:30am – 4:00pm
Services Provided: Employment training and employment assistance

Placement Resources

SunnyBrook Children's Home Services

222 Sunnybrook Road
Ridgeland, MS 39157
(601) 856-6555

Hours of Operation:

Monday - Friday, 8:00am - 5:00pm
Services Provided: Individual and family counseling
Required: Interview

United Methodist Children's Home

7578 Old Canton Road
(Administrative Office)
P.O. Box 2589
Madison, MS 39130-2589
(601) 853-5000

Hours of Operations:

Monday - Friday, 8:00am - 4:30pm
Services Provided: Five group homes (12 years and older), Foster homes (infant to 18 years old)

Pregnancy and Parenting

**Madison County Health Department
PHRM/ISS and WIC Services**
317 N. Union Street
Canton, MS 39046
(601) 859-3316

Hours of Operation:
Monday - Friday 8:00am – 5:00pm
*Services Provided: Immunizations, Family
Planning, Maternity Service*

Housing

Canton Housing Authority
120 Faith Lane
Canton, MS 39046
(601) 859-4032

Hours of Operation:
Monday - Friday, 8:00am - 5:00pm
*Services Provided: Housing assistance; Federal
housing assistance such as section 8 vouchers to
income qualified individuals and families.
Required: Proof of income, SS card, and birth
certificate*

Canton Estates
388 Ricks Drive
Canton, MS 39046
(601) 859-7014

Services Provided: Housing

Canton Family Units
390A Ricks Drive
Canton, MS 39046
(601) 859-4780

Services Provided: Housing

Canton Housing Authority
619 Martin Luther King Drive
Canton, MS 39046
(601) 859-3997

Services Provided: Housing

MS Regional Housing Authority VI
2180 Terry Rd.
P.O. Drawer 8746
Jackson, MS 39284
(601) 373-7040

Hours of Operation:
Monday - Thursday, 8:30am -11:45am,
1:00 pm – 4:00pm, Friday: 10:00am -11:45am,
1:00pm, 4:00pm
*Services provided: Provide housing to low-
income families, Section 8 Housing Vouchers,
tenant-based housing vouchers (Serves –
Claiborne, Copiah, Hinds, Holmes, Madison,
Rankin, Simpson, Warren and Yazoo Counties)*

Child Care

Over the Rainbow

212 South Union Street
Canton, MS 39046
(601) 859-7224

Hours of Operation: 6:00am-6:00pm

Services Provided: Daycare center; TANF accepted

Required: Paper application, birth certificate, shot record, and \$65 registration fee

Agape Educational Center

315 Garrett St.
Canton, MS 39046

Hours of Operation: 6:00am-6:00pm

Services Provided: Daycare center; TANF accepted

Required: Paper application, birth certificate, shot record, and \$65 registration fee

Education

Madison County Public Library

102 Priestley St.
Canton, MS 39046
(601) 859-3202

Hours of Operation: 9:00am - 7:00pm

Required: Library Card, requires picture id, and proof of residence

Madison County Career and Technical

142 Calhoun Pkwy
Madison, MS 39110
(601) 859-6847

Services Provided: Career and vocational classes.

Must sign up for classes before they start

Holmes Community College

412 W Ridgeland Ave,
Ridgeland, MS 39157
(601)856-5400

Hours of Operation: 8:00am - 5:00pm

Services Provided: Career & Technical Programs, eLearning, CIP Codes, & ABE & GED classes

Delta Technical College

113 Marketridge Dr.
Ridgeland, MS 39137
(601) 206-5200

Hours of Operation: 8:00am - 4:00pm

Services Provided: Medical Assistant, HVAC, Dental Assistant, Professional Truck Driving, Cosmetology, Medical Coding Assistant & more

Holmes Community College (Workforce)

150 College Dr.
Ridgeland, MS 39157
(601) 605-3300

Hours of Operation: 8:00am - 5:00pm

Services Provided: Job Skills Training, Language Skills, & Career Training

**Madison County- MS. State Univ.
Extension Service**
152 Watford Parkway
(located in the WIN Job Center Bldg)
P.O. Box 112
Canton, MS 39046
(601) 859-3842

Services Provided: Programs on risk farm management, wildlife, nutrition & food safety, leadership development, extension 4-H, agronomic crops, animal science, forages, child & family development, forestry, horticulture, family resource management, and E & CRD (entrepreneur and community resource development)

Children's Program

Lifekids Weekday Ministry
670 Highland Colony Pkwy
Ridgeland, MS 39157
(601) 790-0808

Hours of Operation:
Monday - Friday, 7:00am - 6:00pm
Services provided: Daycare for infants, toddlers, and preschool program

All Stars Learning Center
148 Wesenberger Rd.
Madison, MS 39110

Services Provided: Childcare services

Eagles Nest Learning Center
802 West Fulton St.
Canton, MS 39046

Services Provided: Childcare

Support Services

Our Daily Bread Ministries
313 W Franklin St
Canton, MS 39046
(601) 859-9211

Hours of Operation:
Monday - Friday, 12:00pm - 3:30pm
*Services Provided: Food to the less-fortunate.
Required: Must have proof of residents*

Angel Food Ministries
357 West Peace St.
Greater Love Worship Center
Canton, MS 39046

Services Provided: Food Bank

Our Daily Bread Feeding Ministry
349 N Canal St
Canton, MS 39046
Ph: (601) 859-9211

Services Provided: Congregate Meals

Resources Available in Rankin County

Mental Health; Drug & Alcohol Assistance

Region 8 Mental Health Administration

613 Marquette Road
Brandon, MS 39042
(601) 824-0342
www.region8mhs.org

Payment Options:

Medicare, Medicaid, sliding fee insurance
Services Provided: Individual, group, family therapy; Case Management; After-hours crisis telephone services; Residential treatment for chemical dependency; Mental Retardation Services

COPAC

3949 Highway 43 North
Brandon, MS
(601) 829-2500
(800) 446-9727

Hours of Operation: 24 Hours

Payment Options: Medicare, Medicaid, sliding fee insurance

Services Provided: Alcoholism, drug addiction, eating disorders, gambling addiction, and sexual addiction treatment

Center for Violence Prevention

314 Bierdeman Rd
PO Box 6279
Pearl, MS 39288
(601) 932-4198

Hours of Operation: 24 Hours

Services Provided: Shelter for abused/battered women and children; community counseling service for abused women and children, as referred/reported by law enforcement

24 Hour Crisis Line
1-800-266-4198

Haven House Family Shelter (Battered Women's Shelter)

1-800-898-0860
(601) 638-0555

Hours of Operation: 24 hours a day

Services Provided: Shelter care and counseling for abused and battered women and their children For residents of Warren, Hinds, Rankin, Yazoo, Madison, Simpson, Issaquena & Sharkey Counties

Human Services

Rankin County Department of Human Service

603 Marquette Road
(601) 825-7210

Hours of Operation:

Monday-Friday, 8:00am - 5:00pm

Payment Options: Medicare, Medicaid, Private insurance and Self-Pay

Services Provided: Food stamps and TANF; Protection for abused or neglected Children

**Rankin County- MS. State Univ.
Extension Service**
(601) 825-1462
601 Marquette Road
Brandon, MS 39042

Services Provided: Programs on family economics, nutrition, food preparation and preservation, 4-H program

Rankin County Human Resource Agency
211 E Government St, Suite A
Brandon, MS 39042
Phone: (601) 825-1475

Services Provided: Utility Assistance, Weatherization, Parenting Classes, Teen Classes, child abuse prevention classes, after school tutoring, food assistance, transportation, homemaker, ombudsman, clothes, furniture

Health and Medical Services

Family Healthcare Clinic
1551 West Government Street
(601) 825-3163

Hours of Operation:
Monday-Friday, 8:00am - 5:00pm
Appointments Only
Services Provided: Primary Healthcare

Jackson Free Clinic
925 Martin Luther King Jr Dr.
Jackson, MS 39203
(601) 355-5161

Hours of Operation:
11:00am- 8:00pm, Walk-ins are welcome
Payment Options: Medicare, Medicaid, Private insurance and Self-Pay
Services Provided: Physical, dental, and health exams

Rankin County Health Department
401 Parkway Dr
Pearl, MS 39208
(601) 420-4959

Hours of Operation:
Monday-Friday, 8:00am - 5:00pm
Payment Options: Medicare, Medicaid, Private insurance and Self-Pay
Services Provided: Family planning and child health

Family Health Care Clinic, Inc
1551 W Government St.
Brandon, MS 39042-2408
(601) 825-3163

Hours of Operation: 8:00am - 5:00pm
Payment Options: Medicare, Medicaid, Private insurance, and self-pay

Family Health Care Clinic, Inc.
631 D Lakeland East
Flowood, MS 39232
(601) 825-7280

Hours of Operation: 8:00am - 5:00pm
Payment Options: Medicare, Medicaid, Private insurance, and self-pay

Family Health Care Clinic, Inc
100 Brooks Ave.
Pelahatchie, MS 39145
(601) 854-6805

Hours of Operation: 8:00am - 5:00pm
Payment Options: Medicare, Medicaid, Private insurance, and self-pay

Family Health Care Clinic, Inc.
4635 Highway 80 E.
Pearl, MS 39208-4226
(601) 825-7280

Hours of Operation: 8:00am - 5:00pm
Payment Options: Medicare, Medicaid, Private insurance, and self-pay

Lions Club of Mississippi State Office
431 Katherine Dr
Flowood, MS 39232
(601) 420-5752

Services Provided: Assistance with eye glasses and hearing aids, Must call to request application. Application must be sent back to the club of the applicant's hometown.

The Children's Clinic, PLLC
2946 Layfair Drive
Flowood, MS 39232
(601) 420-8233

Rankin County Health Department
100 Tamberlin St.
Brandon, MS 39042
(601) 825-2141

Hours of Operation:
Monday - Friday, 8:00am - 5:00pm
Services Provided: Immunizations, Family planning, Maternity service, Children's health/ Medicaid (EPSDT) Screenings, WIC; Sliding scale fees

Employment Assistance

Pearl Win Job Center
212 Saint Paul St
(601) 321-5441

Hours of Operation:
Monday-Friday, 8:00am - 5:00pm;
Closed Wednesdays
Services Provided: Job Placement and On-the-Job Training
Required: Picture ID and Social S. card or Birth certificate

Placement Resources

Pregnancy and Parenting

**Rankin County Health Department
PHRM/ISS and WIC services**
100 Tamberlin St.
Brandon, MS 39042
(601) 825-2141

Hours of Operation:
Monday - Friday, 8:00am - 5:00pm
Services Provided: Maternity and infant case management, referral to resources, food assistance, nutrition education, breastfeeding

Pearson Foundation
206 Old Whitfield Rd.
Pearl, MS 39208

Services provided: Parenting and Marriage Classes

Housing

Crestview Apartments
3910 Old Brandon Road
Pearl, MS 39208
(601) 939-4685

Hours of Operation:
Monday-Friday, 8:30am - 5:00pm
Services Provided: One to four bedroom apartments; Sliding scale fee for low income families

Jefferson County Assisted Housing
3820 I-55 North
(601) 321-2261

Appointments Needed
Services Provided: Adequate and affordable housing

Child Care

Little Acorn Day Care Center
100 W Capitol St # 125
Jackson, MS 39269
(601) 965-4999

Hours of Operation:
Monday-Friday, 6:30am - 5:30pm
Payment Options: Cash & TANF child care voucher accepted.
*Services Provided: Daycare center
Required: Paper application, birth certificate, shot record, and registration fee*

Tons of Fun
1302 Booker St.
Jackson, MS 39204
(601) 944-0044

Hours of Operation:
Monday-Friday, 6:30am - 5:30pm
Payment Options: Cash & TANF child care voucher accepted.
*Services Provided: Daycare center
Required: Paper application, birth certificate, shot record, and registration fee*

Education

Central Mississippi Regional Library System

100 Tamberline St.
Brandon, MS 39042
(601) 825-0100

Hours of Operation:

Monday-Friday, 8:00am - 5:00pm

Services Provided: Educational programs for preschool & school age children

Required: Library Card requires picture id, and proof of residence

Career Development Center

2703 1st Ave
Jackson, MS 39209
(601) 960-5322

Hours of Operation:

Monday-Friday; 8:00am - 5:00pm

Services Provided: Career and vocational classes.

Must sign up before classes start

Hinds Community College-Rankin Campus

3805 US-80
Pearl, MS
(662) 936-1820

Hours of Operation: 8:30am - 4:30pm

Services Provided: Academic, Career & Technical, Nursing & Allied Health , & Online Classes

Mississippi College

115 Laurel Park Cove #101
Flowood, MS 39232
(601) 925-7775

Hours of Operation: 8:00am - 5:00pm

Services Provided: Business administration, accounting, sociology, public relations, & marketing classes

Antonelli College

2323 Lakeland Dr.
Flowood, MS 39232
(601) 362-9991

Hours of Operation: 8:00am - 5:00pm

Services Provided: CDL Program & Online Classes

Rankin County Adult Education

135 1/2 S. College Street
Brandon, MS 39042
(601) 825-5040

Hours of Operation:

Momday - Thursday, 8:00am - 1:00pm;

Night classes: 5:00pm - 8:00pm

Services Provided: Job training partnership act Adult basic education classes. Qualifications: 17 years old and older who are not enrolled in school; must be 18 or older to take the GED

Children's Program

Pearson Foundation

206 Old Whitfield Rd.
Pearl, MS 39208

Services include: Mentoring, After School Activities, Summer Reading Institute

Support Services

The Salvation Army Family Store

3510 HWY 80
(601) 664-1857

Hours of Operation:

Monday-Friday, 8:00am - 5:00pm

Required: Proof of homeless from red cross. For food bring I.D., proof of income, and bills that the persons pay

Angel Wings Outreach Center

415 Simpson Circle
(601) 847-5802

Services Provided: Emergency Shelter, Transitional/ Supportive Housing, Childcare

Center for Violence Prevention

(800) 266-4198
(601) 932-4198
(800) 799-SAFE

Services Provided: Temporary Shelter; Counseling Workshops

Center for Violence Prevention

P. O. Box 6279
Pearl, MS 39288
(800) 266-4198, Local: (601) 932-4198

*Services Provided: Food pantry, Shelter for families or individuals needing a place to stay and food pantry for individuals or families in need of nonperishable foods
– Crisis and Referral Line*

If you know of an organization that provides services to expectant and parenting youth that should be included in this Resource Guide, please contact us at contact@teenhealthms.org.

For more information, visit the PAF partners:

<https://www.msdh.ms.gov>
570 E Woodrow Wilson Ave,
Jackson, MS 39216



The Mississippi State Department of Health's mission is to promote and protect the health of the citizens of Mississippi. Public health protection takes a wide variety of forms, from ensuring the safety of your food and water to setting standards for health and care facilities.

TEEN HEALTH
MISSISSIPPI
T H M S

<https://www.teenhealthms.org>

124 East Second St.
Clarksdale, MS 38614

125 S. Congress St.
Jackson, MS 39201

Teen Health Mississippi's mission is to ensure that all Mississippi teens have access to high-quality sex education and youth-friendly healthcare services. Teen Health Mississippi envisions a healthier Mississippi where youth have access to essential knowledge, skills, resources, and support so they may grow into healthy adults and move Mississippi forward.

This guide is dedicated to finding resources that will address the concerns of expecting and parenting youth, and to help increase access to and use of youth friendly resources available in Mississippi. The development and publication of this resource guide (or directory) was supported by Award No. SP1AH000069-01-00 to the Mississippi State Department of Health (Grantee) and Teen Health Mississippi (Sub-Grantee) from the Office of the Secretary Assistant of Health (OASH), Pregnancy Assistance Fund. Its contents are solely the responsibility of the authors and do not necessarily represent the official views of OASH. The views expressed in written training materials, publications, or presentations by speakers and moderators do not necessarily reflect the official policies of the Department of Health and Human Services; nor does mention of trade names, commercial practices, or organizations imply endorsement by the U.S. Government.